



We Play Outside

Menu for We Play Outside 05/31/2026 - 07/04/2026

06/11/2026

Week of June 01, 2026

Monday 06/01	Tuesday 06/02	Wednesday 06/03	Thursday 06/04	Friday 06/05
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Week of June 08, 2026

Monday 06/08	Tuesday 06/09	Wednesday 06/10	Thursday 06/11	Friday 06/12
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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Black Bean Chocolate Muffins (KEICS70) Whole milk Strawberries Oats Black beans Cottage cheese	Scrambled eggs and toast Whole milk (0.75 c) Oranges (0.5 c) toast (0.5 oz) scrambled eggs (0.5 oz)	Banana Pancakes banana pancakes Whole milk Bananas	cheese omlette Avocado Whole milk omelet	Day care closed
Am Snack	Am Snack	Am Snack	Am Snack	
Blue 1 Blueberries chocolate hummus dip	Red Grapes (0.5 c) graham cracker (0.5 oz) Yogurt (0.5 oz)	orange Sweet potato brown sugar Butter Soda crackers	Yellow Bananas Peanut butter	

Week of June 08, 2026

Monday 06/08	Tuesday 06/09	Wednesday 06/10	Thursday 06/11	Friday 06/12
<p>Lunch</p> <p>Smashed Bean Quesadillas (LH40) Whole milk Pinto beans whole wheat tortillas shredded cheese Carrots Apples</p>	<p>Lunch</p> <p>Turkey and Ham Sandwiches Whole milk Turkey Ham Lettuce Sliced bread Strawberries</p>	<p>Lunch</p> <p>Creamy Mac and Peas (LH48) Whole milk peas Pasta Frankfurter Apples</p>	<p>Lunch</p> <p>Alphabet Soup Whole milk Chicken Celery Carrots Pasta tomato sauce</p>	
<p>Pm Snack</p> <p>PM goldfish crackers cheese stick</p>	<p>Pm Snack</p> <p>Granola bar with bananas granola bar Bananas</p>	<p>Pm Snack</p> <p>Avocado toast Avocado Sliced bread</p>	<p>Pm Snack</p> <p>cheese and crackers cheese whole grain crackers</p>	

Week of June 15, 2026

Monday 06/15	Tuesday 06/16	Wednesday 06/17	Thursday 06/18	Friday 06/19
<p>Breakfast</p> <p>zucchini muffins Whole milk (0.75 c) Raspberries (0.5 c) Cottage cheese (0.5 oz) zucchini muffins (0.5 oz)</p>	<p>Breakfast</p> <p>French Toast Whole milk (0.75 c) Mango (0.5 c) french toast (0.5 oz)</p>	<p>Breakfast</p> <p>Green pancakes green pancake Pears Whole milk</p>	<p>Breakfast</p> <p>Fried eggs fried eggs Whole milk Kiwis</p>	<p>Breakfast</p> <p>Cream of Wheat Whole milk Blackberries Wheat cereal</p>
<p>Am Snack</p> <p>Blue Purple 2 Grapes cheese crackers</p>	<p>Am Snack</p> <p>red 2 Watermelon sunflower butter waffle</p>	<p>Am Snack</p> <p>orange 2 Carrots goldfish crackers</p>	<p>Am Snack</p> <p>Yellow 2 Pineapple breakfast biscuit</p>	<p>Am Snack</p> <p>Green 2 spinach dip bread cubes</p>

Week of June 15, 2026

Monday 06/15	Tuesday 06/16	Wednesday 06/17	Thursday 06/18	Friday 06/19
Lunch	Lunch	Lunch	Lunch	Lunch
Fried Rice (LH71) Whole milk Ham Carrots peas White rice	Turkey and Ham wraps Whole milk Turkey Asparagus Applesauce whole wheat tortillas	Chicken Parm Pasta Bake Whole milk Chicken Carrots Spinach Pasta	Slow Cooker Chili (KEIC22) Whole milk Ground turkey Celery Tomatos whole grain crackers Kidney beans	Corn Dogs Whole milk hotdog Broccoli Apples corn bread
Pm Snack	Pm Snack	Pm Snack	Pm Snack	Pm Snack
Nilla Wafer Nilla wafer Cultured kefir Bananas	Grapes Graham Crackers Yogurt Grapes graham cracker Yogurt	homemade ranch dip (LH90) Carrots Celery Cucumbers Bell peppers greek yogurt	cheese and crackers cheese crackers	Crunchy Roasted Chickpeas chickpeas cheese stick

Week of June 22, 2026

Monday 06/22	Tuesday 06/23	Wednesday 06/24	Thursday 06/25	Friday 06/26
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
banana muffins Apples (0.5 c) Whole milk (0.75 c) Cottage cheese (0.5 oz) banana muffins (0.5 oz)	Egg in toast Whole milk Apricots toast Eggs	Whole wheat pancakes whole wheat pancakes Whole milk Raspberries	Dino eggs Whole milk Bell peppers Bagel boiled eggs	Cold Cereal Whole milk Blueberries cold cereal
Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
blue purple 3 Plums Mozzarella cheese	red3 hummus (0.5 oz) cherry tomato (0.5 c) pita chips (0.5 oz)	orange 3 Cantaloupe trail mix	Yellow 3 chickpeas Corn chips	Mega Ants on the log (Green 3) Celery Black beans Avocado Tuna

Week of June 22, 2026

Monday 06/22	Tuesday 06/23	Wednesday 06/24	Thursday 06/25	Friday 06/26
<p>Lunch</p> <p>Dino Nuggets Whole milk chicken mashed potatoes Broccoli roll</p>	<p>Lunch</p> <p>Bagel Sandwiches Whole milk Turkey Broccoli Oranges Bagel</p>	<p>Lunch</p> <p>Spaghetti and Meatballs Whole milk Meat balls tomato sauce Pasta Carrots</p>	<p>Lunch</p> <p>Pasta Potato Soup (SS) Whole milk cheese Potato tomato sauce Pasta</p>	<p>Lunch</p> <p>Make your own pizza Whole milk pepperoni Bell peppers Mushrooms wheat</p>
<p>Pm Snack</p> <p>Nilla Wafers Nilla wafer Cultured kefir Bananas</p>	<p>Pm Snack</p> <p>Honey Wheat Soft Pretzel (103) wheat greek yogurt</p>	<p>Pm Snack</p> <p>Frozen bananas in almonds (KEICS28) Bananas Almonds Yogurt</p>	<p>Pm Snack</p> <p>Peanut butter balls Peanut butter powdered milk</p>	<p>Pm Snack</p> <p>Peas and Pretzels peas pretzels</p>

Week of June 29, 2026

Monday 06/29	Tuesday 06/30	Wednesday 07/01	Thursday 07/02	Friday 07/03
<p>Breakfast</p> <p>Blueberry Chocolate chip Muffins (KEIC27) Whole milk (0.75 c) Pomegranate (0.5 c) Cottage cheese (0.5 oz) blueberry muffins</p>	<p>Breakfast</p> <p>Nut Butter toast Whole milk mandarin orange Almond butter toast</p>	<p>Breakfast</p> <p>pumpkin pancakes yellow apple Whole milk pumpkin pancakes</p>	<p>Breakfast</p> <p>Egg in toast Whole milk Cherries egg in toast</p>	<p>Breakfast</p> <p>Day Care Closed</p>
<p>Am Snack</p> <p>Blue purple 4 Figs fig newton yogurt tube</p>	<p>Am Snack</p> <p>red 4 Apples Mozzarella cheese</p>	<p>Am Snack</p> <p>orange 4 Peaches granola bar</p>	<p>Am Snack</p> <p>Yellow 4 Pears cold cereal</p>	

Week of June 29, 2026

Monday 06/29	Tuesday 06/30	Wednesday 07/01	Thursday 07/02	Friday 07/03
<p>Lunch</p> <p>Dino Nuggets Whole milk chicken mashed potatoes Beets roll Broccoli</p> <p>Pm Snack</p> <p>Cauliflower "popcorn" (LH92) Cauliflower goldfish crackers</p>	<p>Lunch</p> <p>Naan Bread Pizza (KEICS50) Whole milk pepperoni Naan Bread tomato sauce Cucumbers</p> <p>Pm Snack</p> <p>Grapes Graham Crackers Yogurt Grapes graham cracker Yogurt</p>	<p>Lunch</p> <p>Super Mac Whole milk cheese stick Cucumbers mandarin orange Pasta</p> <p>Pm Snack</p> <p>Frozen bananas in almonds (KEICS28) Bananas Almonds Yogurt</p>	<p>Lunch</p> <p>Chicken noodle soup Whole milk chicken Celery Carrots Pasta</p> <p>Pm Snack</p> <p>Cheese and Crackers cheese crackers</p>	